

#### From the Directors Desk:

This month I would like to recognize all that is offered at our Community Center overseen by the Parks and Recreation Manager Brian Stevenson. I truly believe this is one of the often overlooked and yet vital pieces of Wilsonville. Just last year, this facility and staff were responsible for preparing (on-site) over 17,000 meals. Spilt almost evenly between patrons and home delivered meals. It's an amazing program that provides food to many that, at times may not have other means.

Parks and Recreation offers wellness programs at the Community Center taught by Brad Moore. Brad is an American College of Sports Medicine Certified Personal Trainer and Certified Health and Wellness Coach. Brad offers courses such as Healthy Bones and Balance, Community Center Wellness Packages, Weight Loss Support Groups and much more.

Sadie Wallenberg, the Community Center's Information and Referral Specialist provides assistance to older adults 60+ and to disabled adults and their families in connecting with local and community resources in Clackamas County. Sadie provides services such as energy assistance, legal aid, food, case management, support groups, transportation and help with Medicare/Medicaid.

Come visit the Community Center where you will be welcomed by our excellent Administrative Assistants Brenda Howe and Brittany Hernandez. So many important services are provided from this great staff. Rentable Shelters are available on first come first served basis beginning on Monday, March 9. In April look for many events and activities including Community Garden Sign-Up on Thursday, April 2, Community Egg Hunt on Saturday, April 11 and W.E.R.K. Day on Saturday, April 25. Spring is just around the corner so get out and enjoy the amazing parks in Wilsonville. Nature can give you inspiration every day.

-Mike McCarty







### Daddy Daughter Dance- Another Successful year!

The annual Daddy Daughter Dance was held on Friday, February 28 at the Community Center. A total of 148 participants were in attendance. The event featured a photo booth, prize giveaways, snacks, beverages, and a live DJ. This years theme was "Masquerade Ball". The age of the daughters in attendance ranged from two-and-a-half years old to 14 years old. Many of the daddy daughter duos have been attending the event for several years in a row and consider it a very special evening together.

## **Korean War Memorial Foundation of Oregon:**

Council approved an agreement with the Korean War Memorial Foundation of Oregon (KWMFO) to establish a new Korean War Interpretive Center within a 350-square-feet area inside the City's Parks and Recreation Administration Building. The KWMFO is funding the design and construction of the display that will include artifacts and Korean War history; upon completion, the exhibit is being donated to the City to operate and maintain.

# **Upcoming Classes:**

**Oil Painting "Golden Morning Mist"** — Tues. March 3, 5:30—9:00 pm at the Parks and Rec. Admin Building, Cost: \$50

**Healthy Bones and Balance**— Wed. March 11, 8:30—9:30 am at the Community Center, Cost: \$59 **Spring Equinox Yoga Workshop**— Sat. March 21, 2:00—3:30 pm at the Community Center, Cost: \$15 **Junior Science Explorers Spring Break Camp**— Mon.—Fri. March 23-27, 9:00 am—12:00 pm, at the Tauchman House, Cost: \$250

Essential Oils for Better Health – Tues. April 21, 6:00 — 8:00 pm at the Community Center, Cost: \$10





#### **Task Force Update:**

The Parks Bond Task Force met twice in February to continue efforts to prioritize park projects for potential inclusion in the upcoming Parks Bond. The group underwent a prioritization exercise that split the group into small committees to create their preferred project list. The small groups then had to present their ideas to the larger task force. Their goal is to have an official unified recommendation completed for council at their March 10 task force meeting.

#### **Board Updates:**

**Parks & Rec. Board:** The Board met on February 6 to continue to discuss goals for the year. Topics included sponsorship recruitment and inclusive parks and activities. The board also discussed the potential of having a teen board member to help bring teen wants/needs/concerns to the forefront.

**Wilsonville Community Seniors Inc.:** The Board recapped their Emergency Preparedness Workshop and has decided they will offer a second workshop at a later date. A wish list of potential programs and classes was shared with Parks and Rec staff for potential inclusion in the Summer Activity Guide.

#### **Upcoming Events:**

Community Garden Sign Up Day—Thursday, April 2 Parks and Rec. Admin. Building, 8:00 am

Community Egg Hunt—Saturday, April 11 Memorial Park, 10:00 am

WERK Day—Saturday, April 25, Wilsonville Community Center, 9:00 am

#### **Parks Maintenance Updates:**

- Planted trees at Courtside Park
- Planted trees at Memorial Park Dog Park
- Paved sections around Community Garden Bridge
- Poured gravel pads and Memorial Park Dog Park
- Installed new landscaping at Stein Boozier Barn
- Cleared walkways at Courtside Park







